


















































	9:00-10:00	10:00-11:00	11:00-12:00	12:00-13:00	13:00-14:00	14:00-15:00	15:00-16:00	16:00-20:00
Monday		<p>Music Therapy 1-1 with Sally Ann</p> 	<p>Music Therapy 1-1 with Sally Ann</p> 			<p>Clubbercise at Rendezvous with Tom</p> 	<p>Afternoon tea</p> 	
	<p>The Garden Project</p> 	<p>The Garden Project</p> 	<p>The Garden Project</p> 	<p>The Garden Project</p> 	<p>The Garden Project</p> 	<p>The Garden Project</p> 		
Tuesday		<p>Heroic Allotment</p> 	<p>Heroic Allotment</p> 		<p>Music Group At Rendezvous</p> 	<p>Music Group At Rendezvous</p> 	<p>Health Club At Rendezvous with Amelia</p> 	<p>Rambling & Photography</p> 
	<p>The Garden Project</p> 	<p>The Garden Project</p> 	<p>The Garden Project</p> 	<p>The Garden Project</p> 	<p>The Garden Project</p> 	<p>The Garden Project</p> 		

<p>Wednesday</p>		<p>Heroic Swim At HLC</p> 		<p>Bon Appetite Meet & eat! Friendship Club</p> 	<p>Bon Appetite Meet & eat! Friendship Club</p> 		<p>Stretch and Relaxation! At Rendezvous with Lucy 17:00</p> 	<p>Seasonal activities Meet Up At Rendezvous 17:45</p>  <p>ONCE A MONTH DISCO</p>
<p>Thursday</p>	<p>The Garden Project</p> 	<p>Life Skills Cooking & baking</p>  <p>The Garden Project</p> 	<p>Life Skills Cooking & baking</p>  <p>The Garden Project</p> 	<p>Life Skills Cooking & baking</p>  <p>The Garden Project</p> 	<p>Music Therapy 1-1 with Sally Ann</p>  <p>Music Therapist</p> <p>The Garden Project</p> 	<p>The Garden Project</p> 		<p>Sports Session 17:45 – 19:30 Clarendon Park with Matt & Shaun</p> 
<p>Friday</p>	<p>Creative Arts / Life Books</p> 	<p>Creative Arts / Life Books</p> 	<p>Creative Arts / Life Books</p> 	<p>Creative Arts / Life Books</p> 	<p>Zumba 13:30 start At Trinity Hall with Zumba Jo</p> 	<p>Zumba 14:30 finish At Trinity Hall with Zumba Jo</p> 		

<p>The Weekend</p>		    		<p>THEMED WEEKEND EVENTS</p> <p>AT THE POPLARS</p> <p>Birthdays / Celebrations</p> <p>Garden parties</p> <p>BBQ'S</p> <p>Bake Off's</p> <p>National Celebrations</p> <p>Cultural Celebrations</p> <p>Music Celebrations</p>		